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“So it's still a getting used to being back home for the summer. But I have a five year old who, um, no matter what I do, where I go, how, you know, what a leader I am or whatever, he helps me to keep it real. And many of you are around briefcase and five-year-old and what not. You know, what that means. So, um, I wanted to share a Pearl today. Actually under a larger umbrella of, I think what every leader, every person for that matter, no matter if you're a leader or if you're a parent, if you're a caregiver, if you're anyone in a position of some sort of power where people are looking to you for answers, for solutions, for health or comfort, whatever it is, um, they look to you for that thing.

And I, and as a leader, we are trained as leaders. We're trained or told or you know, conditioned to lead from a position of strength. And you have to be strong for really what I feel that you need to be vulnerable. And so what I want to share with you is just the notion of being vulnerable. Show your vulnerability as a leader. So my five year old little guy helps me to do that every day and other people as well as a classroom teacher, as to learn to show my vulnerability. And so the three things that I want to share with you fall under that one umbrella of vulnerability and it's learning how to say, owning the words, I don't know, I need help. I messed up. So can we all just practice it? Seeing that together, look to the person on your left and say, I don't know

I messed that up. Say, and own it, to be comfortable and sit with, in order to be, I think, an effective leader on ordinance, at least in order to show your humanity in Europe vulnerable side and that you're not a machine, which is what you're expected to be oftentimes. So as again, as a teacher, as a leader, as a head of department, as a caregiver, as you know, as a partner. I have to say that to my husband. Sometimes I need help or I don't know, you know, or sorry, my bad.

one quick story to share with you is one that um, uh, happened a couple of years ago now as a grade level team member for grade six at AIC, I published a name of, you know, the name of a list of student names who had been late with work or delinquent with their work and we're trying to get together kind of a, not so much a study hall but just kind of a session for these kids to come in and make up their work so that we can finish up our assessments. So this list was meant to be an internal list, the



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grade level team so that they are aware of who the students were and we could support that. I by accident, published that list on the student bulletin and it went out to all the parents and all the students in the middle school.

And of course I got emails and my principal and my head of school got emails. So of course you know what happened. Did you do some damage control within 24 hours? I sent an email to the two of the parents or multiple people who, who I've gotten emails from. I explained everything. I show them that this, this does not happen here was complete accident was a mistake. In fact, what we're trying to support these students to get them together, to have a space for them to make up their work. And I'm really sorry, I'm really sorry. I'm really sorry. The parent who was multiple full understood. And actually a couple of days later when we saw each other and he actually said to me, I'm sorry that I went, you know, I reacted in that way. So always good. But I really had to learn to be vulnerable and really own those words, especially, you know, I messed up that part. And so I want to leave this Pearl of wisdom with you, which is again, under the umbrella of showing vulnerability, but really it's learning how to say it, how to live, and how to sit in and be comfortable with the ideas of, I don't know, I need help. I messed up and just with it one more time.

One more time. So then we can get used to seeing it.

So it takes practice. So am I getting my five-year-old helps me to stay. So if you're ever around any young ones, let them help you to keep it real."