

## PTCNET SURVEY RESULTS - 2018

<b>Topic:</b> Health and Wellbeing	<b>Date conducted:</b> Nov 20 2018
<b>Number of responses:</b> 23	<b>Submitted by:</b> Lesley Tait

### Do you have an established health and wellbeing learning program in your Elementary School?

- 43.5% "Yes"
- 8.7% "No"
- 47.8% "Partly"

### Do you have an established health and wellbeing learning program in your Middle School?

- 60.9% "yes"
- 30.4% "partly"
- 4.3% unanswered

### Do you have an established health and wellbeing learning program in your High School?

- 43.5% "Yes"
- 47.82% "Partly"
- 4.3% "No"

### Who is your health or wellbeing program delivered by in your elementary school?

- Counsellors
- Homeroom Teachers
- PE, Advisory and counseling dept
- Counsellors and teachers
- Classrooms teachers
- Combination of the above
- K-12 Wellness Committee organizers 3 weeks of wellness activities a year
- PE teachers

- Classrooms teachers
- Counsellors

## Who is your health or wellbeing program delivered by in your middle school?

- Advisory
- Counsellors
- Tech coaches
- Health teacher
- PE teachers
- Dedicated Wellness teachers
- Counsellors and teachers
- All of the above
- Combination of the above
- All teachers (homegroup) and special required class taught by Health teachers
- Advisory, Health classes (by health teacher) K-12 Wellness Committee organizers 3 weeks of wellness activities

## Who is your health or wellbeing program delivered by in your high school?

- Combination of Advisory/counsellors/PE
- Counsellors
- PE, advisory, counselors, and tech coaches
- Health teacher
- Dedicated Wellness teachers
- Advisory
- counsellors and teachers
- PE teachers
- Combination of the above
- Specialist Health Teachers
- both Advisory and Health teachers
- Advisory, Health classes (by health teacher) K-12 Wellness Committee organizers 3 weeks of wellness activities

## If you implement a health and wellbeing program in your school, which standards do you follow?

- CASEL and ISTE
- California
- Second Steps and ICTE
- SHAPE
- SHAPE for High School
- Adapted from National Health Standards USA, PSHE UK, SRE UK, National Curriculum UK, South Australia Department of Education and Child Services, Common Sense (Common Core USA)
- No standards
- We have adopted the Keeping Safe curriculum and we use resources available to individualize our school's needs.
- Council of International School standards & WHO standards
- CASEL and First Step hybrid
- CASEL
- Ontario Standards loosely
- We have developed our own standards currently but something we will look at in the future
- CDC Standards with Benchmarks from Australia
- Ontario, SHAPE, Australian, American National Counseling standards,
- Ontario
- HECAT

## Do you have a staff member dedicated to your health and wellbeing program?

- Counseling Department is charge of creating and giving the workshops
- It's a team, primarily counselors but PE and tech are involved as well.
- No
- Overseen by Director of Curriculum and Learning
- Partly
- We have a committee in the High school for Advisory lessons but the primary delivery is in health classes run by the PE teacher and HS Social Emotional counselor.
- Elementary is the counselor.
- MS is an "advisory committee" that works with the MS counselor to design and implement the curriculum
- We are currently in a curriculum review for Health and Wellbeing for N-12. We have traditionally had a grades 6-8 and grade 10 Health program and are now wanting to add outcomes that include SEL, Physical, and Sexual Health to all grade levels. It will be challenging, but necessary work.
- Yes we have four full-time wellness teachers.

- Not specifically - our counselor does some of this in the elementary, and our myp coordinator in the middle school.
- The two counselors.
- Yes
- Our counselors write the curriculum with the Director of Teaching and Learning. It is delivered during PSE time (once in a 10 day cycle) by the counselor, part during PE classes and some in extended homeroom by classroom teachers.
- We have someone who was hired as a K-12 Wellness coordinator but then her job was changed to HS counselor. We are trying to change her role back to what she was actually hired to do.
- Not at this time
- Yes, Grade 8 and 10 in MS and HS. Working on Grade 6 and 7
- Yes, various members.
- Wellness Team facilitates K-12 3-week program for all stakeholders and 1 week solely on faculty wellness.  
 ES - Counseling lessons one every two weeks  
 MS - MS Leadership Team designs advisory program (5 days a week for 30mins), health teacher runs a trimester class  
 HS - Counseling team designs advisory program (once a month), health teacher runs a year class (grade 9 and 10)
- Yes, full-time role this year
- We have 2 Health teachers and then our counselor oversees our Advisory program (Second Step).

## If you implement a health and wellbeing program, is the health and wellbeing of faculty a part of this?

- early days in looking at this systematically
- Health and Wellbeing of faculty is overseen by Principals and faculty members
- We have a Wellness community that is working to implement a Wellbeing program for the school staff
- More about providing structures for faculty wellbeing rather than a program.
- No, but we are considering more options to include faculty as well as create a parallel parent scope and sequence to help families have these important conversations and discuss their values at home before themes emerge at school.
- No. It is focused on student well-being.
- Not addressed as part of it, however, we do have a PBIS committee that works towards overall school culture.
- Not currently.
- Partly, but this area definitely needs improvement.
- Team Leaders for each grade work with the counselors to put the extended homeroom lessons together for the teachers.

- To date, no. But we believe it should be.
- within conversations and decisions, but not formally
- Yes
- Yes - it is part of our strategic plan with different objectives than the curricular ones, but related.
- Yes - the K-12 Wellness Team looks at all policies for faculty and advocates for change.
- Yes--Counsellors, nurses, learning support teachers plus advisors.
- Yes, all MS teachers are Advisors.